

Renewing Your SELF-ESTEEM

We cannot turn to any government to lead us to 'salvation', nor can we rely on religious institutions, trade unions or indeed the local or global organization for which we work to solve our problems or keep us safe. No one is coming to our rescue, and for the first time in 40 years at least, the systems that we surround ourselves with (our families, corporate organisations, educational institutions, economies, society at large) are **volatile at best** and **unsustainable at worst**. We are living in a working world where being able to rely on one's self and one's inner resources has become an imperative, and a business differentiator. Only when we can become self-reliant, ironically, can we truly learn to collaborate with others, which is so necessary when information and technical demands on people are at their height.

Imagine working in a workplace where confident, articulate, self-reliant, solution-orientated, collaborative thinkers make up the majority of the workforce? This would facilitate the creation of a much more **productive workplace**, where **employees are fully engaged**.

This course is best designed with a particular focus in mind, like **assertive communication, conflict resolution, team-buildings, change management, improved communication in call centres and more**. Contact me about finding out how your organisation or department could benefit from a custom-designed program built around the principles of building self-esteem.

 Saffron Baggallay

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TRAINING SPACE

Creating Space for Infinite Possibilities